

Minesing Central Public School

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705-728-1944

Administrative Team: Sonia Kadela, Principal
Sue Collingbourne, Vice Principal
Office Team: Joanne Noble & Linda Kauer

Newsletter #8

Commit to Character Trait for April is — Optimism

April 2018

We maintain a positive attitude and have hope for the future.

MINESING CENTRAL IS ONLINE—<http://min.scdsb.on.ca>

PRINCIPAL'S MESSAGE

I would like to welcome everyone back after the March Break. It is certainly an exciting time of the year, as we return to our learning and school activities with the hope of Spring in the air!

I would like to encourage all of you to attend our second annual STEAM night on Wednesday, April 4th from 6:00-7:30. Students, staff and volunteers are hard at work preparing for a 'steamy evening of fun'! A big thanks to School Council for supporting initiatives such as this through the 'Parents Reaching Out' grant that we received for this event.



mindful wellness

Other upcoming events at the school this month include our Mindful Minesing Wellness day on April 13th when students will circulate through stations led by staff members who will provide

strategies to manage stress and build resilience. We plan to continue this focus on wellness and stress-reduction throughout the month with our soon to come 'Daily Mindful Moment'. Our academic focus remains on mathematics throughout the grades with a further focus in the primary grades on literacy. School athletics involve our junior and intermediate students in intramurals and team games and tournaments in junior and intermediate basketball, volleyball and hockey, while our rugby season for intermediate students has just begun!

Upcoming field trips are focused on the arts and include visits to Georgian Theatre, King's Wharf and Stratford Festival to name a few. Our Grade 8's are eagerly awaiting their trip to Quebec. We look forward to warmer weather and longer days as we head into spring!



CLASS PLACEMENTS

We will shortly begin the process of class placements for the fall of 2018. Please be aware that a great deal of time and effort is spent in organizing class placements for the following year. There are many variables that are considered in the process. If there are unusual circumstances for which you wish to make a request for class placement, please put your request and reasons in writing and give them to the Principal, Ms. Kadela, by Friday, April 27th. These will be considered but we cannot promise that such requests can be granted. Class organization is finalized by June. However, enrollment changes may result in a re-organization by the third week in September.

SCHOOL COUNCIL'S MESSAGE

We hope everyone had a well-rested March Break and are looking forward to spring! We would like to take this opportunity to thank our volunteers, who give so much of their time and support to our school!



Thank you also to our school community for your support in our fundraising! These funds are used to benefit your children in many different ways, including technology for the classroom, new reading materials, supporting sports and many other areas.

I'm sure you have heard by now about our Big Box Fundraiser! Funds from this fantastic fundraiser are being used towards installing engaging and educational tarmac games. We are so looking forward to seeing the finished product, but we NEED YOUR HELP! Please support the Big Box Fundraiser so we can make this all possible!

Our STEAM evening is fast approaching on Wednesday, April 4th. A big thank you to school council, volunteers and staff for all their work and efforts to make this evening possible. Please join us from 6:00-7:30pm! It's sure to be a fantastic night for you and your family. If you are available to help out at this event, please contact the school. Looking forward to seeing you all there!

The next school council meeting is Wednesday, May 2nd at 6:30pm.

Sincerely,
Jen Fraser and Sara van Kolfschoten

MATH CORNER

Growth Mindset in Math

In general, a growth mindset is the belief that intelligence and 'smartness' can also be learned and that the brain grows from experience and effort. The opposite, a fixed mindset, is the idea that you are smart, or you are not. In math, that translates into "some people are good at math, and some are not."



Did you know that praising efforts rather than intelligence or results can impact your child's ability to persevere in challenges?! The goal is to have children thrive on challenges and see failures, not as a sign of low intelligence, but as a learning opportunity. Brain research tells us that making mistakes actually wires more connections into the brain! When a person has a growth mindset, they accept challenges, see their efforts as worthwhile, and are open to learning from mistakes. Students with a growth mindset achieve at higher levels than those with fixed mindsets.

How can you help? Some simple ways:

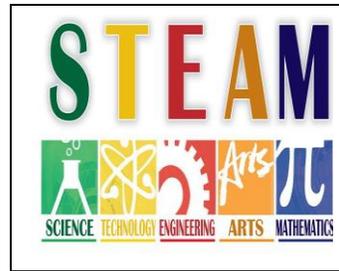
- Adding "yet" when they claim they are "not good at this" (Respond: "You are not good at this yet.")
- Ask questions that focus on their effort and choices and get them to reflect on satisfaction of that effort (e.g. *What did you learn today? What mistake did you make that taught you something? What did you try hard at today?*)
- Model this yourself as you share about your day (www.edugains.ca)

SCHOOL BUS EVACUATION TRAINING APRIL 3-6, 2018



The Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, is offering school bus evacuation training to all home-to-school transported students the week of April 3rd to 6th. On Tuesday, April 3rd bus drivers at Minesing Central will educate students on how to evacuate a school bus safely in an emergency situation. For more information, visit main.simcoecountyschoolbus.ca/

FAMILY "STEAM" & LEARNING EVENING



We are looking forward to seeing all of our Minesing families at the upcoming STEAM & LEARNING Evening, on Wednesday, April 4th, 2018 from 6:00-7:30 pm.

We look forward to having many exciting hands-on learning stations for everyone relating to technology, science and math. Please watch for further details and mark your calendar for this exciting event.

BIG BOX OF CARDS FUNDRAISER

We are pleased to announce the return of the Big Box of Birthday Cards Fundraiser! All proceeds from this initiative will be used to install Tarmac Games on our school yard for students to enjoy.



Students began selling to family and friends on March 28th. A set of 33 Birthday cards sells for the low price of \$33. We ask that order forms and unsold boxes of cards be returned to school by Wednesday, April 11th.

All students who sell boxes of cards will have their name put in a draw for some amazing prizes! They can win a 16GB iPad Mini, there will be four prizes of \$25 gift cards to local retailers like Best Buy, Cineplex, Toys R Us and EB Games. One class will be drawn to win a pizza party!

A date will be announced when Boxes of Cards will be available for pick-up at the school at the end of April.

MacGREGOR'S MEATS GRADE 8 FUNDRAISER

Our Grade 8 students are getting excited about their upcoming trip to Quebec! To help cover costs of the trip they are holding a MacGregor Meats (North Country Meats) fundraiser.



Order forms have been sent home to Grade 8 families. Please have your order form and payment returned to school by April 4th, 2018. Cash or cheque payment only. Please make cheques payable to Minesing Central P.S.

Orders will be delivered on Wednesday, April 18th at 7:45pm in the school parking lot by the Community Centre. **Please remember:** You will be handling frozen product. You need to be prepared to deliver within a few hours, or to store the product until a delivery can be made.

The Fundraising Committee is challenging each family to sell 10 units. Together we can meet our fundraising goal!

Full product information and ingredients are available by email. Please contact Anita Giffen at anitagiffen@gmail.com or by phone at 705-627-2094.

INTERNATIONAL DAY OF PINK



Our school will be hosting several events during the week of April 9 to 13 in honour of the International Day of Pink, which is Wed. April 11. This day celebrates diversity and promotes standing up to bullying. It is a day of action that

started in Nova Scotia when two straight high school students saw that a gay student wearing a pink shirt was bullied. The two students intervened, but wanted to do more. They purchased pink shirts and within a few days got everyone at school wearing pink, standing in solidarity for diversity and standing up against discrimination, gender-based bullying and homophobia. Our school will be recognizing day of Pink on April 11, 2018.

WET CLOTHES

Now that spring is here we encourage students to bring an extra change of clothes in their backpack in case they get wet at recess. The school yard fields are quite muddy and we are calling parents regularly to bring dry clothes for their children.

Having an extra change of clothes at school will alleviate parents having to stop what they are doing in the middle of the day to make a trip to school. Thank you!

BRADFORD NURSERY FUNDRAISER



Once again, Bradford Nursery has offered to give back to Minesing Central P.S. with the help of our school community.

When shopping at Bradford Nursery please tell the cashier that you are from Minesing Central P.S. and they will donate 5% of the subtotal of your purchase back to our school! The fundraiser starts April 14th and ends October 14th, 2018.

WELCOME TO KINDERGARTEN

Minesing Central is now registering children for Kindergarten for the 2018-19 school year. If your child turns four this year then they're ready for Junior Kindergarten!



Required registration documents include birthdate documentation, proof of address and record of immunization. Visit www.scdsb.on.ca/kindergarten for more information. Registration packages are available at the school office.

SAFE ARRIVAL

Thank you to all parents and guardians who call into our Student Safe Arrival program to report if your child(ren) will be absent and/or late for school. If you've sent a note to the teacher, please call the Safe Arrival program as well to ensure the office staff have the correct information. The Safe Arrival line is open 24/7 so even if you know your child(ren) will be absent a week from now – you can call on any day and time. Just dial (705) 728-1944 and hit 1.

SAFE SCHOOLS REPORTING TOOL

The SCDSB Safe Schools Reporting Tool is always available to use on our school website homepage. The Safe Schools Reporting Tool gives students, parents and community members a way to report an incident online – whether it be bullying, drug use, vandalism or otherwise. Students are always encouraged to speak with a trusted, caring adult at school or home about their concerns, but the online form provides another option to those individuals who may not feel comfortable speaking in person. When an incident is reported, an email will automatically be generated and sent to the principal and vice-principal of that school, and school staff will follow-up. Student safety and well-being is always our top priority. All members of our school community have the right to be safe and feel safe in our school community. This is one more tool to achieve and maintain a positive school climate.

[Report an Incident](#)

PARENTS INVITED TO SPECIAL EDUCATION SESSIONS

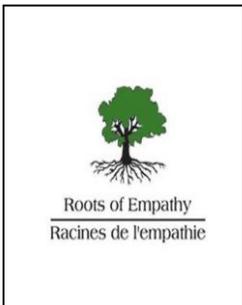
The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs. The last session takes place this month:

April 16

Understanding Alternative/Non-Academic IEP Goals

The event takes place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

ROOTS OF EMPATHY



Roots of Empathy is an international organization that offers empathy based programs for children, with research to prove impact. **Roots of Empathy's mission is to build caring, peaceful, and civil societies through the development of empathy in children and adults.**

The focus of Roots of Empathy in the long term is to build capacity of the next generation for responsible

citizenship and responsive parenting. In the short term, Roots of Empathy focuses on raising levels of empathy, resulting in more respectful and caring relationships and reduced levels of bullying and aggression. Part of our success is the universal nature of the program; all students are positively engaged instead of targeting bullies or aggressive children.

Roots of Empathy Goals

- To foster the development of empathy
- To develop emotional literacy
- To reduce levels of bullying, aggression and violence, and promote children's pro-social behaviours
- To increase knowledge of human development, learning, and infant safety
- To prepare students for responsible citizenship and responsive parenting

Roots of Empathy head office has sent along a link to a recent radio interview of Mary Gordon on the Christine Upchurch show. School Instructors have been asked to share it with volunteer parents and students. This show broadcasts to 90+ countries from Seattle Washington.

<http://www.christineupchurch.com/mary-gordon-on-the-christine-upchurch-show-03092018.html>

EARTH DAY 2018



Sunday, April 22nd is Earth Day around the world. Throughout the preceding week, classes at Minesing Central will be involved with cleaning up the environment, the school yard and surrounding fields. Students should bring reusable gloves to protect their hands. Each class will have their own area to clean. Thank you for making our Earth a better place to live!

REGISTER NOW FOR SUMMER CHILD CARE

The Simcoe County District School Board supports your child care needs by offering full day child care programs in select schools across Simcoe County. Twenty schools offer child care programs for children from Junior Kindergarten age to 12 years of age. Registration in advance is required. Please contact the child care operator directly to register. More information can be found on our website at www.scdsb.on.ca – click on 'Schools' then 'Before & After School Care.'

SCHOOL IS IN FOR SUMMER AT SCDSB



Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school! Each year, the SCDSB offers a variety

of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program. Summer school program details can be found on the Learning Centres website at www.thelearningcentres.com. Current SCDSB students should speak to their guidance counsellor for information and to register. Register now so that your summer school choices align with course selection for next year!

KIDS GET STRESSED OUT TOO!



Kids have stress, just like us. Stress is a normal part of life, but our bodies are only made to handle it for short amounts of time. Continued stress can cause feelings of pressure, anxiety and

tiredness. It can make it hard for kids to focus in school and can cause them to become sick, get lower grades or make unhealthy choices. It's easy to mistake signs of stress for bad behaviour in your child. You can help them learn to manage stress by staying calm, showing love and talking openly about their feelings. Encourage them to try calming activities like deep breathing or doing something active. If the stress continues, be sure talk to your child's family doctor or health care provider. To speak with a public health nurse, contact Health Connection at 705-721-7520 or 1-877-721-7520 or visit the health unit website for more information at www.simcoemuskokahealth.org.

PLEASE TURN OFF YOUR CAR WHILE YOU WAIT

A reminder to please turn your engine off when dropping off or picking up your child from school. Idling cars release exhaust that is harmful to the environment, our



health and the health of our students. It's good to get into the habit of turning your car off any time you're stopped and in park for more than 60 seconds. Thank you for doing your part to keep our kids and our environment healthy! For more information to keep you and your family healthy, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520.

YMCA HEALTHY KIDS DAY

YMCAs across Canada are celebrating Healthy Kids Day on Sun. April 29. It's a national day dedicated to improving the health and well-being of kids. The YMCA of Simcoe/Muskoka is happy to host this FREE event for everyone in the community, offering fun and healthy activities for the entire family to enjoy. Across Canada, most children do not meet the recommended 60 minutes of daily physical activity. Rising rates of obesity and related chronic disease tell us that getting kids active should be a top priority for parents, schools, and all Canadians. With summer just around the corner, here are some practical tips on how to keep your kids active and healthy:

- Rather than heading out on a walk or jog solo, invite your kids to hop on their bicycles, skateboards and scooters and head out with you. You will come back energized and connected knowing that you've set a great example and spent quality time together. Everyone wins!
- Many communities have free or low-cost youth activities or programs at facilities such as pools, playgrounds, parks, sporting fields, community centres and the YMCA! Ask your child's teacher, contact your local municipality, search online or contact your local YMCA for upcoming events.
- Depending on the distance and safety factor, consider letting your children walk to school, the library, their friend's house or any other place you would normally drive them to. Some kids may be inspired by tracking their steps with a pedometer. Pedometers are relatively inexpensive and many libraries have them available on loan!



Join the YMCA of Simcoe/Muskoka on Healthy Kids Day and learn about healthy habits, connect with other parents and get the whole family active together under one roof. For schedules of activities and more information, please contact the YMCA in your community: www.ymcaofsimcoemuskoka.ca.

WHAT'S HAPPENING AT THE MINESING LIBRARY

NEW HOURS

Monday: Closed
Tuesday: 10-7
Wednesday: 1-5
Thursday: 1-7
Friday: 10-5
Sat. - Sun.: Closed

Early ON:

Tuesday's, 9am-12pm, 1pm-4pm

In partnership with EarlyON (previously Ontario Early Years) they will be offering families/care providers with children prenatal through 6 years a drop in, friendly environment in both the Elmvale and Minesing branch locations.

The activities provided for the children include creative experiences, science and math experiences, circle time, snack time, activities that promote literacy and experiences that promote social and emotional development.

Minesing Playgroup:

Friday, April 13th & 27th

At the Minesing Branch this drop in, informal program runs from September until June **every second and fourth Friday of the month at 10:30am**

Girls Pamper Me Night:

Tuesday, April 10th, 4pm Cost: \$2

Ages 8+ are invited to treat yourself to some handmade pampering. We will be making lip balm and a sugar scrub plus painting our nails.

Registration and payment are due Friday April 6.

Adult Paint Night:

Friday April 13, 7pm-9:30pm Minesing Branch Cost \$30

Looking for a fun night out? Come with your friends and create a painting for your home under the instruction of professional painter Mary Breedon.

Registration and payment are due by Tuesday April 3.

Lego Building Challenge:

Thursday April 19, 3:30pm-4:30pm

This popular drop in program is family fun time! All ages are welcome to participate!

PA Day Big Hero 6 Costume & Movie Event:

Friday, April 27, 1pm

Come dressed as your favourite superhero and watch the movie Big Hero 6 on the PA day. The movie is free

for everyone to watch but we have popcorn and a bottle of water available for just \$3. This family friendly movie is fun for everyone so be sure to invite your friends! Please register for this program.

St. John Ambulance Babysitters & Home Alone Courses:

Friday, May 18 at Minesing Branch. Home Alone (ages 8-10) 9 am-12 noon Cost: \$45

Babysitting Course (ages 11-15+)

9 am - 4 pm Cost: \$65

For the Babysitters course please bring a bottle of water, a nut free bag lunch and a doll or teddy bear. *Registration and payment guarantee your spot in the program. Registration/payment is due Friday May 11.*



Visit Minesing Central Public School on social media at:

Instagram us!

@minesingcentral



Tweet us!

@minesingtweets





APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
2 EASTER MONDAY	3 World Autism Day – Wear Blue	4 STEAM NIGHT 6:00- 7:30 pm	5 County Chess Tournament @ Ed. Ctr.	6
9	10 Bake Sale 10:50 am	11 Int'l Day of Pink – Wear Pink Big Box Cards Due	12	13 Mindful Minesing Moments Wellness Day – Wear Comfortable Clothing
16 Gr.7/8 Vaccinations	17	18 Georgian Theatre – “Reds in the Hood” 10:30 am – Kgtn.-Gr.2	19	20 Neon Spirit Day
23	24 SLAM Poetry Gr.7/8	25	26 Gr.7/8 to Elmvale H.S.	27 P.A. DAY
30				